WHO IS ELIGIBLE

- ⇒ 9th or 10th grade students
- \Rightarrow 2.5 GPA or higher
- ⇒ Parents do not have a college degree
- ⇒ Qualify for free/reduced lunch
- ⇒ North, South, Patrick Henry or Edison High School
- ⇒ Current U.S. citizens or permanent residents

JOIN TRIO UB

If you would like to apply to be in the TRIO Upward Bound program, contact us!

PHONE & EMAIL 612-625-3021 or ubtrio@umn.edu

MAIN OFFICE

56 East River Road Education Sciences Bldg. Suite 40 Minneapolis, MN 55455

CHECK OUT OUR WEBSITES www.cehd.umn.edu/trio/upward-bound



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TRIO MISSION STATEMENT

Grounded in the civil rights movement, University of Minnesota TRIO programs in the College of Education and Human Development strive to ensure equal opportunity and equitable access to higher education along the educational continuum for underrepresented students, specifically those who are low income, first generation, and have disabilities. We promote retention and graduation through advising, academic support, mentoring, and advocacy, thereby cultivating a space for collegiate success and local and global community engagement.





TRIO Upward Bound is a federally funded program.

The University of Minnesota is an equal opportunity educator and employer.



UPWARD BOUND



PREPARING FUTURE COLLEGE GRADUATES SINCE 1966

COLLEGE OF EDUCATION + HUMAN DEVELOPMENT

University of Minnesota

ABOUT TRIO UPWARD BOUND

TRIO Upward Bound (TRIO UB) at the University of Minnesota's College of Education & Human Development is a pre-college US Department of Education federal grant program. We offer year-round, intensive and holistic college-readiness skill building for 118 Minneapolis youth at North, South, Patrick Henry, and Edison high schools who come from low income backgrounds and who are potential first generation college bound students. Our goal is for students to not only get into college but to earn a college degree.

TRIO UB at the UMN has been serving Minneapolis students since 1966.

ACADEMIC YEAR - OCTOBER TO MAY

- Weekly after school services
- ♦ Free tutoring (Monday-Thursday)
- Financial aid and literacy workshops
- ♦ College visits and field trips
- Leadership development opportunities
- Educational workshops for parents/families
- ♦ Scholarship opportunities
- ♦ ACT preparation

SUMMER - JUNE TO AUGUST

- ♦ 5 weeks of academic classes Monday-Friday
- 3 weeks of living in dorms at University of Minnesota, Twin Cities
- ♦ Experiential and cultural activities
- Community service opportunities
- 3-day regional college tour
- ♦ 5-day wilderness retreat





AFTER SCHOOL SERVICES

Our academic year services are designed to make sure students are thriving in high school and building skills, knowledge and the self-discipline it takes to be a successful college student. Students come to the University of Minnesota weekly during the school year.

CLASSES & TUTORING

Each student attends a weekly 90 minute supplemental class. Subjects are based on grade.

Free tutoring services are offered weekly MondayThursday 4:00pm to 5:30pm at the University of Minnesota. Tutoring is required for students who are struggling with classes in high school. All students can also come in for help on an as needed basis. All tutors are current University of Minnesota students.

Day	Class	Cohort
Mon.	College Planning	Seniors
Tue.	Career Exploration & ACT Prep	Juniors
Wed.	Science Exploration & Study Skills	Freshmen
Thυ.	English Composition	Sophomores
M-Th	Tutoring	Available for all



SUMMER SERVICES

ACADEMIC CLASSES

For five weeks, students take four supplemental academic courses in math, English, science, economics & more. Students also get to live in a residence hall and participate in cultural, educational, and recreational activities.

COLLEGE CAMPUS LIVING

For three weeks, students live on campus in a university of MN residence hall to gain the experience of independent living as well as living amongst others unlike themselves. All meals are included and we hold fun and engaging experiential activities nightly.

REGIONAL COLLEGE TOUR

Rising 12th graders take a three day tour of colleges in the region at the beginning of August. They visit 4-5 regional colleges each summer in addition to 5 local colleges.

LEADERSHIP & WILDERNESS TRIP

Rising 11th graders participate in a six day wilderness excursion and leadership trip. We partner with Voyageur Outward Bound to help host this leadership experience each summer.

BRIDGE PROGRAM

Students that recently graduated from high school are invited to take a college course for credit from the University of MN, and an integrated learning class, while living on campus in a residence hall for five weeks. This is a transition program that focuses on preparing recent graduates to succeed in college.

